# A Study to Evaluate the Pharmacokinetics and Taste Profile of a Prototype Orally Disintegrating Tablet Formulation For MK-0663 Peter Dogterom<sup>1</sup>, Khalid Abd Elaziz<sup>1</sup>, Ruben de Jong<sup>1</sup>, Susan J. Lee<sup>2</sup> and Paul Fackler<sup>2</sup> <sup>1</sup>QPS Groningen, The Netherlands ; <sup>2</sup>Merck, Sharp & Dohme Corp, a subsidiary of Merck & Co., Inc, Kenilworth, NJ, USA

## **INTRODUCTION & OBJECTIVES**

Arcoxia<sup>®</sup> (MK-0663, etoricoxib) is a selective inhibitor of cyclooxygenase-2 (COX-2), indicated for the treatment of symptomatic relief of osteoarthritis, rheumatoid arthritis, ankylosing spondylitis, inflammation associated with acute gouty arthritis, and acute and chronic pain. Currently available as a film-coated tablet (FCT), an orally disintegrating tablet (ODT) formulation was developed for those with difficulties swallowing a tablet.

### This study had the following objectives:

- To compare the bioavailability between a single dose administration of the ODT (120 mg) and the reference FCT of Arcoxia<sup>®</sup> (120 mg) with and without water in healthy subjects.
- To assess taste attributes (including bitterness) of the formulation with varying levels of taste masking excipients at 60, 90 and 120 mg of MK-0663.

## **STUDY DESIGN & TREATMENTS**

This was a 2-part, single-center study conducted in 15 healthy subjects. Subjects (18-55 years of age, and BMI of 18.0-30.0 kg/m<sup>2</sup>, inclusive) participated in both Parts I and II.

- **Part I**: a single-dose, open-label, randomized, 3-way crossover oral biocomparison study
- **Part II**: a single-dose, open-label, randomized, crossover study to evaluate the taste of the taste-masked ODT formulations of MK-0663.

#### Part I Treatments:

<b>A</b> *	Single-dose, oral administration of 120 mg MK-0663 ODT placed on the tong after 20 mL of water under fasting conditions
В	Single-dose, oral administration of 120 mg MK- 0663 ODT swallowed with 24 under fasting conditions
С	Single-dose, oral administration of 120 mg MK-0663 as a film-coated tablet swallowed with 240 mL of water under fasting conditions

\* To evaluate taste and aftertaste, subjects who received MK-0663 ODT during Treatment A also received 2 probe samples (at least 1 h pre-dose and 2 h postdose) of a reference compound (1 and 2 mg/mL caffeine solution, respectively).

#### **Part II Treatments:**

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	MK-0663 Dose for Taste testing **	Sucralose	Neotame	Peppermint
D	1 mL suspension consisting of <b>60</b> mg MK-0663	2.5 mg	0.1 mg	5 mg
Ε	1 mL suspension, consisting of <b>60</b> mg MK-0663	10 mg	0.2 mg	10 mg
F	1.5 mL suspension, consisting of <b>90</b> mg MK-0663	3.75 mg	0.15 mg	7.5 mg
G	1.5 mL suspension, consisting of <b>90</b> mg MK-0663	15 mg	0.3 mg	15 mg
Н	2 mL suspension, consisting of <b>120</b> mg MK-0663	5 mg	0.2 mg	10 mg
I	2 mL suspension, consisting of <b>120</b> mg MK-0663	20 mg	0.4 mg	20 mg

\*\* The samples were retained in the mouth for 10 seconds, expectorated and the taste attributes were collected and captured in the questionnaires.

gue to dissolve

240 mL of water

(Arcoxia<sup>®</sup>)

Fifteen (15) healthy subjects (7 males and 8 females) were randomized and all subjects completed both Parts I and II of the study.

#### Fig 1. The Arithmetic Mean of the MK-0663 Plasma Concentration – Time Profiles Following a Single Oral Administrations of Treatments A, B, and C are presented below:



### Table 1. A Summary of the PK Evaluation of Plasma MK-0663 Following Administration of **Treatments A, B and C in Healthy Subjects under Fasting conditions**

	Treatment A	Treatment B	Treatment C	A/B	A/C	B/C
PK parameter	GM ± 95% CI	GM ± 95% CI	GM ± 95% CI	GMR ± 90% CI	GMR ± 90% CI	GMR ± 90% CI
C <sub>max</sub> (nM)	6991.16 (6096.59, 8017.00)	7529.78 (6623.83, 8559.65)	6088.10 (4920.81, 7532.28)	0.93 (0.81, 1.06)	1.15 (1.01, 1.31)	1.24 (1.07, 1.43)
AUC <sub>0-last</sub> (h.µM)	102.49 (90.37, 116.24)	112.88 (97.28, 130.98)	104.20 (88.87, 122.17)	0.91 (0.85, 0.97)	0.98 (0.92, 1.05)	1.08 (1.05, 1.11)
AUC <sub>0-inf</sub> (h.µM) <sup>1</sup>	120 (28,6)	133 (34.5)	124 (34.0)			
T <sub>max</sub> (h) <sup>2</sup>	1.00 (0.25, 3.00)	0.50 (0.25, 2.00)	1.50 (0.50, 12.00)			
t <sub>%</sub> (h)¹	26.6 (24.1)	25.8 (39.3)	27.9 (30.4)			

nethe coefficient of variation reported for <sup>4</sup>Median (min, max) reported for t<sub>max</sub>

### Table 2. Bitterness Assessment Following Reference (1 mg/mL caffeine) and Treatment A:

	[		minutes after ODT dosing   5 1 5 10 20 30 45 60 90   6 4 2 1 - - - - -   9 11 10 4 2 2 - - -   13 8 9 5 5 1 - -												
	reference	0.5	1	5	10	20	30	45	60	90	120				
very strong		6	4	2	1										
strong	1	9	11	10	4	2	2								
moderate	6			3	8	9	5	5	1						
weak	7				2	4	8	9	10	4	3				
not present	1							1	4	11	12				
Mouth feeling of No s	caused by ODT	T tablet	o first re	rerence	product		(	General	No sp Bitter Metal taste of Neutr	ecific ta: llic ODT tab	olet				
Stin Nun Irrita Som	ging nbing ating nething else	3 1 1 3							Not ta Awful	asty					
Bitterness of O	DT tablet com	pared to	o secono	d referer	nce samp	ole									
Mor	e bitter bitter	9 6													

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## RESULTS

### Table 3. Part II: Taste Assessment – Bitterness (intensity)

			1	min			5 min					10 min							20 min					
	D	E	F	G	H	0	D	E	F	G	н	1	D	E	F	G	н	Ť.	D	E	F	G	н	E
very strong	1	1			1		2																	
strong	в	5	7	2	2	3	3	2	3	4	4	3	з	2	3	1	3	2	1	1	1		1	
moderate	4	940	2)	4	Z	6	9.3	9	( <b>)6</b> ()	5	:6)	6	्र	4	4	5	<b>:3</b> :	5	<b>4</b> 1)	2	з	3	-:4	:5
weak	2	4	3	5	4	3	1	3	(5)	5	5	z	5	8	7	6	8	5	10	10	9	7	9	5
not present		1	2	1	1	3		1	1	1	5 B	4		1	1	3	1	З		2	2	5	1	5

			30	min	20 II				60	min	e		90 min						120 min					
	D	E	F	G	H	ġ.	D	E	F	G	н	ï	D	E	F	G	н	Î.	Ð	E	F	G	Ħ	Ē
very strong																								
strong	( <b>z</b> )						10																	
moderate	з	3	1	1	4	2	1	1	Î	1	1						1							
weak	8	7	7	8	5	7	6	4	2	3	5	5	6	2	2	1	2	1	в	1			2	
not present	з	5	7	6	6	6	7	10	13	11	9	10	9	13	13	14	12	14	12	14	15	15	13	15

### Table 4. Part II: Taste Assessment – Acceptability and Bitterness best masked

	Is giv as me	en form dication	ulation 1 from	i accept taste pe	able or rspectiv	not ve	In which of the two formulations was the bitterness best masked?									
	D	E	F	G	н	1	DE	ED	FG	GF	HI	IH				
Extremely acceptable	1	2	6	5	4	7		g 20								
Acceptable	7	12	8	10	9	8										
Barely acceptable	5		1		1											
Unacceptable	2	1			1											
No difference								1		1	1	1				
The first formulation							1	4	1	1		2				
The second formulation							6	3	6	6	7	4				

- water

- All treatments were well tolerated.

PROGRAM MANAGEMENT



## CONCLUSIONS

• **Part I** - the highest strength of 120 mg (unmasked) demonstrated that unsweetened and unflavored ODT probe has a long-lasting bitter taste

• **PK** - Single oral doses of 120 mg MK-0663 ODT administered with and without water were bioequivalent (for AUC, not Cmax)

• Specifically, the extent of absorption of MK-0663 in 120 mg MK-0663 ODT administered with and without water is bioequivalent to the 120 mg MK-0663 FCT administered with

• The rate of absorption appears to be faster with ODT compared to the FCT.

• **Part II** – Based on taste and intensity assessments questionnaire, the responses were favorable to the high excipient formulations, especially at the higher strengths of 90 mg and 120 mg (but not so clear at 60 mg), hence masking was effective in blocking the bitterness.