

## C A S E S T U D Y :

# STUDYING SEDATIVES IN PHASE I STUDIES

A biotech Sponsor approached QPS to conduct a challenging Phase I study, involving a bolus injection of a rapid onset sedative/anesthetic in healthy volunteers. This case study outlines the challenges we faced and the solutions we put in place to deliver the study successfully.

## CHALLENGE

The Sponsor contracted QPS to deliver an extremely complex study that required Operating Room-like facilities, intense safety measures, and close collaboration with local hospital experts.

## SOLUTION - 3 Factors for Success

### Safety-First Approach:

- ▶ Intense safety assessments we put in place, including ECGs (12-lead and 3-lead) and respiratory function (respiratory pattern and occurrence of apnea)
- ▶ Anaesthesiologist and an anaesthesiology nurse present and working closely with the QPS dedicated team at all times during dosing

### World Class Facilities:

- ▶ QPS established a dedicated Operation Room-like (OR-like) facility
- ▶ RUGLOOP electronic data capture system used for the duration of the trial

### Phase I Expertise:

- ▶ Collaboration between QPS and the Dept. of Anaesthesiology of the UMCG
- ▶ PD measures: time to onset, level, emergence from and duration of sedation/anesthesia, MOAA/S scale and Bispectral Index Scores (BIS)

## OUTCOME

QPS exceeded the Sponsor's expectations, delivering an extremely complex, early phase clinical trial, by working closely with local hospital-based experts and providing a dedicated facility and team.